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Back to School Issue September 4-21, 2001



FROSH WEEK?

WAT DAT?

Want free barbeque and a tour of the Student Association too? Check inside for Open Houses at all three campuses

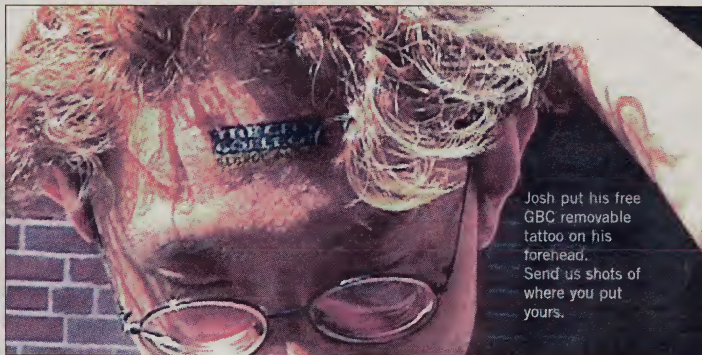


ROCK THE BLOCK!

Each year we end Orientation with great bands, free food and lots of games. This year it's at Casa Loma campus on Friday September 07 and it's all free including transportation
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Josh put his free GBC removable tattoo on his forehead. Send us shots of where you put yours.

G+B+C= Whatever you make it

by Clare Bermingham

Welcome one and all to the utterly fabulous school that is George Brown! Yes, September has begun and Orientation is upon us. This is truly the best time to get out there, meet new people, have some fun. God only knows you won't have time later on in the year, so you may as well take advantage while you can.

Make it happen!

You're the students! You're the most important members of this college! It's completely up to you to make this place happen! Someone in a meeting room for some committee somewhere has come up with the theme for Orientation 2001, "Three Campuses, United As One!" But you're the only ones who can make that real.

Yeah, I can hear you now, "Whaddya mean? Three Campuses? Like where?" Indeed, it's true. Each of the three are unique, with student populations as different as their locations....

We have the students of St. James: Cool, suave, as sophisticated as their downtown campus... or so they think. They're business students, graphic designers, nurses, community workers, hospitality students... they're hip, they're cool. Most of them don't know that their school used to be a biscuit factory, then a hallmark factory, but I won't tell if you won't!

Then there's Casa Loma, that castle of the west-End: The students there are artistic, yet practical, extremely skilled of hand and mind. They're performing artists, jewellery, fashion and hair designers, IT workers, electricians, plumbers, mechanics. No doubt they think their campus is a dump right now, but soon they'll have some of the best facilities that this college has to offer as we build and build and build.

And finally Nightingale small and too often forgotten, buried in the hospital district. But yet, they're a fiery and spirited crowd, probably the most cohesive campus of this college

They're ECE workers and protectors of women and children, and wow do they have spirit and energy. St. James and Casa Loma take note!

United as George Brown College, we should be very proud. We are the City College! We are THE most diverse college in Canada. We're practical, we're powerful. We've got the best Student Association of any college because we've got the best students!

Expect The Best!

What a line-up do we have planned for you! Orientation 2001 is designed to give you the most amount of fun in the shortest amount of time. So stay alert and...

Expect the Unexpected! First, imagine a week of craziness, marked by spontaneous games, lots of giveaways and frantic fun led by a team of frosh freaks! From September 4 to 6 keep an eye out for your frosh team. They've got something special lined up for you!

Rock the Block! Are you ready? Grab a frosh bus and head to Casa Loma for the biggest party of the year on Friday, September 7th! Featuring performers Thrust and Nine Mile, Rock the Block is FREE to all GBC students! From 10am until 4pm, entertain yourselves with interactive games, a free BBQ, a vendor fair, and starting at 11am, a beer garden.

More Free Food? The Student Association is pleased to tell you to leave your lunch at home! We're handing out free hot dogs and pop at each campus just for the hell of it! Check it out at Nightingale September 5th, St. James September 10th and Casa Loma September 11th.

And For Our Grand Finale... Tour the Toronto Harbour on September 12th. Enjoy dinner, a cash bar and a dj dance party. Tickets are only \$25 and a dress code is in effect. Tickets are limited so get yours soon!



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2001

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(Free Transportation from St. James and Nightingale)

COST: FREE

dialog

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Contributions

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Dialog Collective

The Dialog Collective, the publishers of the Dialog newspaper, creates many part-time jobs and honours positions for George Brown College students. The cost of producing a bi-weekly newspaper is in part derived by advertising revenue.

Occasionally some advertisers, products and services do not reflect the policies of the Student Association of George Brown College. The Collective reserves advertising policy from time to time at our weekly meetings. Students concerned about advertising which encourages student debt, bad health habits, or having other concerns about specific ads are encouraged to attend these meetings. If you wish to be on our agenda, contact us by phone at (416) 415-2710 fax: (416) 415-2491 or at dialog@canada.com

Opinions expressed in Dialog are not necessarily those of the Dialog Collective, the Student Association of George Brown College, or its editorial staff. Dialog will not publish any material that attempts to incite violence or hatred against individuals or groups, particularly based on race, national origin, ethnicity, colour, gender, sexual orientation, age or disability.

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Andrea Simone



by Sera Gordon

Another year of school to look forward to!!!!!!!!!!!!!!!!!!!!!! This last half of my summer has been great! My girl friend Serena invited me and 2 others girls up to her cottage in Georgian Bay! We had a blast! Her cottage was situated on its own private island! It was hard to leave once Sunday came! We were laughing at the end telling Serena not to worry about us that we would be there when she came back next week-end! It was fun being able to bond with such great women! I don't think that a lot of women get that opportunity much! I was host to 6 of my girlfriends coming up to my parents house at Sherkston! We had a blast! It was a weekend of debauchery to say the least! We were on the



hunt! But in the end I think we would have scared all the boys away! Oh Oh here they come! My cousin Jim got married, so my boyfriend Phil and I went to Stratford to be in attendance! It was great! A really laid back affair! I went to Wakestock in Muskoka. It was put on by Snowboard Canada! What a lot of fun that was! Another weekend of female bonding! Treble Charger played on the first night at the Kee to Bala, and the Travolta's played the second night! (I was the designated driver both nights!) The space that was used was a dust pit! BUT it didn't matter, we were there to have fun! I was on U8TV for their game show The Money Shot (Tre and I lost) It was fun but not as interactive as I thought it would be! Just another excuse for the lotter's to talk



talk amongst themselves! After the \$5 Shot they hosted House Party! That was much more fun! Look out for Brian who works at Muse and just applied for a job at Roxy Blue! Good luck! He just moved to Toronto! Phil and I went to Montreal 2 weekends ago! Friday night we stayed in Ottawa with friends and then headed to Montreal for the Saturday night and Sunday day!! Shopping was great! They keep there stores open late! It was a lot of together time and a blast!!! Montreal is a lot cooler than Toronto anyway! But that could be because I live in Toronto!!!! And last weekend I went to Phil's baseball tournament, and banquet!!! And am looking forward to 'Full Circle' @ Palais Royale!



Sexy Beast!

This movie is shot in Spain! It is a wild look at how life should be! It is a good portrayal of how life could be if we paid our dues in the underworld game of crime! Visited by a soul full of sorrow, trying to bring everyone down around him! The pool boy is remarkable in his character!

Moulin Rouge

Nicole Kidman stars in this twisted tale of cabaret. Where everything has a price! Except true love. Ewan McGregor plays a wonderful part of a bohemian writer who makes it big but like I said everything comes for a price!

A musical comedy that is very with the times, as the retro songs are in tune with our times!

Rants

Another hum drum song plays on the radio! It brings me back to days when I had no worries! Although I have to say that I like the responsibilities that goes with adulthood! It fits me fine!

WHAT!!!!!!!!!!!!!!

Adulthood????

I am only 26! I still feel like a kid! But every time I go to visit my mom in Fort Erie I find out about more highschool friends who have tied the knot, and are expecting their 2nd child! Hmm I am starting to feel left out! Do you think that they are doing it because of peer pressure? (None of my close friends have husbands, or children for that matter! I am safe there) Or is the sign of the times? That is a scary thought! To me anyways!! It might seem natural to someone else, but to me I am just starting what feels like my life! So I am a late bloomer, on the ride of my life!!!!!!Wish me luck cause here I go!

Raves

Speaking of raves, there is a party that is happening September 1st, called FULL CIRCLE!!!

@ Palais Royale!!!

It is being put on by pHrL and Don Berns aka Doctor Trance! The premise behind the party is to bring back the old rave promoters form 10 years ago We have Nitrous! We have Chemistry! We have Exodust! We have Pleasure Force! in the main room (the originator's room) And in the basement we have the original lineup from pHrL's first party! Mike Bryant, Dave Hollands, Robert De La Gouthier, and Greg Gow and new addition EJ the DJ !!! I am looking forward to this party as it will pull a lot of old skool party people out of the closet that I have not seen in ages! I hope that a couple people from school get to check it out, and experience what partying is all about! The Music!-!



Hey You! We Need You! We Need people to volunteer and help make our paper the best! It is great for people who would like to see their names in PRINT! You can write, you can take pictures! You can edit! You can hang out! We

are a quirky bunch that you want to affiliate yourself with. Haha Cause we are always undercover!!! WE are located at 167B!!!

We are looking for a few good people!!

DISABILITY ISSUES

.....extra extra read all about it

Student Affairs - Disability / Deaf and Hard of Hearing Services - Hosts Second Annual Career Fair
By Karen Walker, Counselor / Coordinator,
Deaf and Hard of Hearing Services, Student Affairs

On April 30, Disability / Deaf and Hard of Hearing Services hosted a Career Fair exclusively for Deaf and Hard of Hearing students or students with a Disability. Approximately 92 students attended the event, which was held at St. James Campus in the Student Lounge. Students were able to get information about permanent and summer job opportunities. Sixteen of the GTA's most popular employers and employment agencies that specialize in employment issues for people with disabilities were on hand to give tips and inform participants of services available to help them with the job search. Employers such as Bank of Montreal, Royal Bank, Public Services Commission of Canada, Deaf Canada Today (newspaper) provided information about hiring practices and employment opportunities. Employers with a disability staffed many of the tables. Key employment bridging agencies were also on hand to offer expert advice or provide information on how to land that first permanent job or summer job. Some of the agencies in attendance included: ODSP Employment Supports, LinkUp Employment Services, Learning disabilities Association, Canadian Hearing Society, CMHA Employment Services, CNIB, DiscoverAbility, Epilepsy Toronto, Jewish Vocational Services, Ontario March of Dimes, WoodGreen Youth Job Centre, YWCA

of Greater Toronto. Career and Employment Services of Student Affairs provided an on-site resume clinic for those job seekers wanting to get a resume tune-up.

The highlight of the event was the keynote presenter - John Limnidis - best known for his role as a young Deaf student in the 1986 Oscar winning movie "Children of a Lesser God". John is profoundly Deaf and uses ASL (American Sign Language). He is a graduate of Gallaudet University (the only liberal arts university in the world exclusively for Deaf people) in Washington D.C. John's presentation was interpreted into spoken English (from ASL) for the non-signing members of the audience and was also on visible to all via the expertise the Disability / Deaf and Hard of Hearing Services computerized note takers. John's presentation detailed some of his incredible career experiences, such as his stint in the movie industry, volunteering in Thailand with Volunteer Services Overseas, working with Deaf newcomers to Canada at the Canadian Hearing Society as well as work as an instructor with York University. John's presentation was truly inspiring!

Look for a repeat performance of this successful event next year - in late January 2002, at the Casa Loma Campus!

For more information about Disability / Deaf and Hard of Hearing Services, please call (416) 415-2622 or (416) 864-0535 TTY.



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DIALOG COLLECTIVE NEWS

Doing in write...on the wrong side of town

by Allan Stokell,
Dialog Collective

The Canadian University Press (CUP) has a long and proud history.

Founded in 1938, it is the organization which links student papers from coast to coast. In 2000

there are almost 100 college and university papers which enjoyed membership. The Dialog Collective joined in 1998.

Last year the Dialog Collective sent 5 delegates to the CUP annual national conference. For us, this pilgrimage to the 'Nash'

was the first time we had a opportunity to meet other students from other papers. Each delegate agreed it was a great experience.

Part of Frank Sorochinsky, the President of our College support of the trip was to report on what each delegate felt they learned from the experience.

After reviewing the delegates reports I was struck by the reactions they had. Yes, it was a great experience but how was CUP responding to the needs of the Collective?

One member described CUP as "The White Boys Club". It was

true. They simply do not represent the diversity mirrored in our pleuritic society. Our delegates also had a problem with the 'debating club' mentality of the other delegates.

In short, the Dialog Collective must decide this year if we wish to continue supporting this organization, or break free into new relationships. Each issue of the Dialog will include

information on our debate concerning our ongoing participation in CUP.

One idea is that we should stay and work within the organization to initiate positive change. I personally see that as being a none starter. Who has got the time to change something that most of its' members probably don't want changed? It could be a painful and thankless process. I am of the belief that we should just jettison the deadweight of

CUP along with its preppie, universities are better than college's attitude.

I'm only about to change my attitude to CUP if I can see the Collective stand firmly with a plan that will assure our continuing involvement and ongoing participation.

We will have much to discuss over the next eight months. I invite you to join us in the

dialog
COLLECTIVE
SENIOR STUDENT COLLEGE

journey.

You may volunteer by contacting Sharon Kamassah at 416-415-2846

I hope you will join us at the first meeting of the Collective. It is being held during Frosh Week on Thursday, September 06 in the Dialog Collective office, room 167B SJ. More information at 416-415-2710.

www.kbrown.ca/SA/dialog.html



NIGHTINGALE CAMPUS

WEDNESDAY SEPT. 5 11am-2pm

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- VOLUNTEER OPPORTUNITIES
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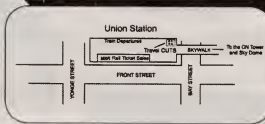
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CELEBRATING THE EARTH!!!!

.....is it the end of the world as we know it?????

The Planet Earth As a Living Conscious Individual
By Shannon Hardie

"...he made with a wand a circle in the dust, and within that many more circles and characters. ... Whereat suddenly over his head hanged hovering in the air a mighty dragon. ... fell a flame in manner of a lightning and changed itself into a globe. ... Suddenly the globe opened and sprang up in height of a man." (Extracts from The History of the Damnable Life and Deserved Death of Doctor John Faustus). The context of this quote is reflective of Dr. Faustus calling upon the devil, Beelzebub, who was to fill him with divine revelation, inspiration, cosmic secrets and academic challenges. It is quite possible to consider that that which was being revealed to him was the consciousness of Planet Earth. The streak of lightning representing consciousness and the intrinsic life force. I stand to argue that perhaps the Earth was born of the same consciousness as ourselves hence humanity as being born of the microcosmic example.

In 1784 the famed philosopher Emmanuel Kant wrote his essay "Idea for a Universal History with a Cosmopolitan Intent" which expresses the concept of the Earth as having an "objective", a "plan" and a natural will of her own. In it he writes: "Here since the philosopher cannot assume that in the great human drama mankind has a rational end of its own, his only point of departure is to try to discover whether there is some natural objective in this senseless course of human affairs, from which it may be possible to produce a history of creatures who proceed without a plan of their own but in conformity with some definite plan of nature's. We want to see if we can find a guiding thread for such a history, and we will leave it to nature to produce the man who is in a position to write it. In this way she produced a Kepler, who in an unexpected way subjected the eccentric paths of the planets to definite laws, and a Newton, who explained these laws by means of a universal natural cause." As Kant, I will "leave it to Nature to produce" the being who could present this "guiding thread" of our history thus attempting to prove the presence of the Earth's Reason in our actions and perspectives. Although I must defend the concept of her consciousness as Being present. Alternatively I will inform of celebrations of the Earth. Some modern day Wiccan practitioners instruct us to envision a circle around ourselves, as Faustus did, in order to provide a sacred space for to entertain the Earth therein. Others instruct us to invite the Earth's energies unto ourselves for "to feel a sense of bonding with the Earth... (and) to access the strength contained within the Earth's energies"

<http://www.magical.2s.com/ritual.html>

In regards to calling upon the Earth's energies there is some scientific truth to their claims. Sir Isaac Newton wrote of the Earth "endeavoring to recede" which is to say She is perceived of as having a will of Her own which denotes a consciousness as Her essence and hence, a capacity to respond to a given invitation. Newton wrote: "...And therefore in their system who suppose that our heavens, revolving below the sphere of the fixed stars, carry the planets along with them; the several parts of those heavens, and the planets, which are indeed relatively at rest in their heavens, do yet really move. For they change their position one to another and being carried together with their heavens, partake of their motions, and as part of revolving wholes, do endeavor to recede from the axis of their motions." Sir Isaac Newton, mathematical principles of Natural Philosophy, trans. Andrew Motte (William Benton Publishers 1952) In Living Wicca A Further Guide for the Solitary Practitioner. Scott Cunningham writes about magic and the use of energies in rites and rituals. "Magic can be a daily activity. Many Wiccans practice folk magic, the creation of charms and enchanted herbal mixtures, the use of stones and other natural, energy filled objects to create needed change...Is this superstition? Perhaps. Magic is still a somewhat uncertain practice. After all, we're using energies that even physicists haven't yet been able to locate or identify"

William Wordsworth identified one form of energy that at best can be associated to the presence of Planet Earth's consciousness in a given moment of his life. He wrote on July 13, 1798 in "Lines composed a Few Miles Above Tintern Abbey":
"...I have felt
A presence that disturbs me with the joy
Of elevated thoughts; a sense sublime
Of something far more deeply interfused
Whose dwelling is the light of setting
suns,
And the round ocean, and the living air,
And the blue sky, and the mind of man;
A motion and a spirit that impels
All thinking things, all objects of all
thought,
And rolls through all things..."

It is difficult to find celebrations that pay tribute to the Earth alone. There are several celebrations of the Sun, the stars and other planets. Yet to find a fixed day that is ritualized to recognize the Earth and to praise and sacrifice unto Her is a difficult task. Many soli-

tary practitioners have rites and passages that they themselves invent in order to pay homage to the Earth on their own terms. Some might indeed simply celebrate the Earth on the winter solstice which marks the longest night of the year where as others do call upon the sun to return. There are some ancient celebrations of the Earth including those of ancient China wherein they celebrated "the earth, the feminine and the yin forces" at the summer solstice and "the heavens, masculinity and yang forces" during the winter solstice. In ancient Sweden they celebrated by decorating a tree, dancing around it and then entering the river for to bring rain to their crops. Neopagans celebrate eight celebrations throughout the year. Four of these celebrations occur on the two solstices and the two equinoxes the other four are major sabbats celebrated

exactly midway between these four alternative celebrations. The summer sabbat is called Midsummer or Litha. The myth evolved to express the following: "Midsummer is a time when the sun reaches the peak of its power, the earth is green and holds the promise of a bountiful harvest. The Mother Goddess is viewed as heavily pregnant, and the God is at the apex of his manhood and is honored in his guise as the supreme sun"

http://www.religioustolerance.org/summer_solstice.htm For more information in regards to celebrations of the Litha and midsummer check out the 61 websites dedicated to Litha and Midsummer celebrations



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WE ARE THE REASON LIFE WORKS

Why me?

Why Me?
By Sharon Kamassah

Why me?
I'm Busy!!
Too much going on
Too much on the go
I've got work coming out of
my ears
The people in my class are

pure stress
Young with less
responsibilities
Old lacking lives
Single, Married, Divorced
Plenty children, No children
Born again children, children
faking adulthood
The teachers just don't
understand

I'm different!
I mean, I've got bills to pay!
One of which is this heavy
tuition
The tedious texts, the never-
ending supplies
Did I mention the work??
Assignments, assignments,
and more reports
Crazy presentations
Than I ever dare imagine

Why me?
I'm Busy!!
Too much going on
Too much on the go
Where's the time?
I want to pull out my hair I'm
so tired
Lay across the desk and just
give up the ghost
I've got to get things ready
I've got deadlines

Got to be right
Got to be innovative
Got to be the best
Everything's timing, creative
strokes
Perfection must be in my
every thought
In my every move
No time for mistakes
Discoveries or considerations
Barely time to breathe
I'm Busy!!
Too much going on
Too much on the go
Too much on the go....

Rant sound familiar?

Try this on for size....


Why not me?
Talented, strong, able me

In all my glory
With the same 24 hours as
Joe along the way
Work ain't going nowhere
Success and fulfillment rides
on the balanced backs of
persistence and faith
I deserve success!
I deserve all the fruits that
come with the (small) pits
that may be tossed my way
So yes! Why not me?

Why not me?
Talented, strong, able me
In all my glory
It was never about Joe
His circumstances are his
alone
No amount of assumptions
Labels
Or shoulda coulda woulda
Goin' change the fact that
I am responsible for my
well-being
I may support
I may withhold
I may listen
I may voice
I may give
I may take
But at the end of the day
All that will really matters is
Where I am at and want to be
Am I on purpose?
Have I lived my full potential?
Is there balance in my life?

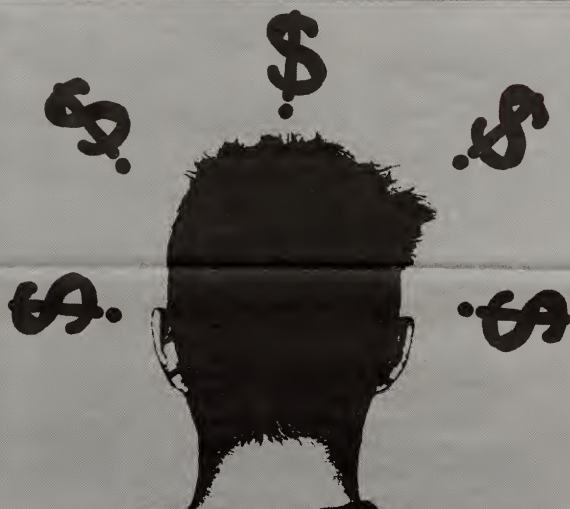
Why not me?
Talented, strong, able me
In all my glory
Learning comes in many
forms
And can be gleaned at every
corner
I won't be limited to the
written word
Or those spoken by those who
will never know me
My plans
Nor care to take the time to
venture...
I deserve to have avenues
open to me
I deserve to give myself the
freedom to roam those
Less traveled paths
I deserve to be free to grow
through my mistakes
Forgive myself my humanness
and move on to
Greater and bigger mistakes
That will only bring me closer
to
Knowing
Loving
Brilliance
Compassion
Abundance
Being
Why not me?
Nothing worth keeping to
loose
I've got so much to gain
I've got so much to give

Why not you?
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strong, able souls to join our
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volunteer team. Call Sharon
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Country -esque folk/rock music!
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when you know you have to get up in
the am, but you just can not sleep!!
Perfect for lazing by a fireplace toll
This cd reminds me of cold winter
nights! The kind that you sip hot
chocolate to and reflect on the days
that have gone by! With a lazy smile,
cause you know its all good. You
would do it all again if you had to.
It reminds me of old friends that have
passed by like the wind! And for some
reason it reminds me of camping! It
has that toe tapping, head lolling
accoustic sound that you know you
could sing all the words to! But maybe
you will leave that to the band!
This is late night music! Music I would
expect to hear at the 'Matador'
Music that soothes the soul! Music
that makes me want to don a cowboy
hat! and an old pair of cowboy boots!
Not to mention a bolo, and a pair of
jeans! Music that makes me want to
move to the country and buy a ranch!
I have now listened to this cd three
times and I can say that it has grown
on me!!

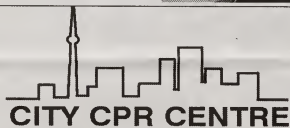


BLEND

Symbiotic

The first song 'Just the Way' reminds
me of old skool Northern Pikes for
some reason! I think it is the way that
Jessica says certain words.

It is beyond me really!
It could be the whole retro thing that is
in style right now, has me pining for
my old faves! This cd is garage - ish
I could picture a mosh pit at one of
their shows, maybe at LEE's Palace??
Hey BLEND we want to interview you!
What do you say? Let me know OK?
I would like to know where you get
your inspiration from!
'Play the Victim' reminds me of a fish-
bone song. Its got that funky beat
happenin' with cool break down
effects after the chorus! Ok back to
the groove! Their is something catchy
about this band! It could be the hard
lyrics, or the catchy riffs from the gui-
tar! Or the steady drum rolls.....I think
that if I was younger that this would
be a cd that I would have listened to
while learning valuable life lessons!



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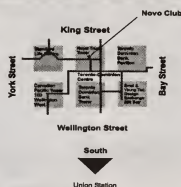
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Student Association

Greetings from your Student Association representatives

A warm welcome goes out to all new and returning students of George Brown College! My name is Nikki McAlister and I am the Student Association Vice-President of Casa Loma Campus. I am here to represent your needs and wants for the year 2001/2002 and in order for me to do this I need your support and your input. I will be posting my office hours as soon as I have them available for you and I encourage you to come in and let me know what I can do to make your College experience here a better one. In terms of academics, I am here to advise you of your student rights. If there are concerns regarding your marks or your professors, please feel free to speak with me because there are many avenues that can be taken to ensure that you are given fair and equitable treatment. In regards to events, I am open to ideas! There will be suggestion boxes popping up outside of our offices in the near future and I encourage everyone to use them! In closing I would like to stress the importance of getting involved with the Student Association! A portion of your fees come to us in order to help you get the information that you need to have a success-

ful, educational experience here at GBC. All you have to do is ask and your fees will be returned to you by way of academic information, fun-filled events, student health plan, student planner, free prizes, campus and community information, free legal advice and so much more! Get involved with the SA and help make GBC a better place to be!

Thanks,



Nikki McAlister
VP Casa Loma

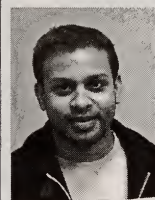
THANK YOU all for your support before and during last election. I would like to take this opportunity to update you all on what I have done for you this summer. I have delivered on the idea that we will have better information sharing mechanics. I have constructed a program call the ambassadors. This is a joint venture between SA, Student Affairs and the President's Office. We will be hiring 26 students from all our campus to promote SA, Student Affairs and the president's office information. They will be trained to make presentation, and be the vehicle for information.

I have ordered suggestion boxes that are on their way to all the campuses to provide you the student with a voice to create an avenue for change. I want to hear from you the students, together with can change the face of George Brown College. I have also got suggestion boxes at all our campus to provide you the student with an avenue for change. I have worked with the athletic department to put up designated bulletin boards that will have critical update information at all time. For the student at Casa Loma we have on the way for you a 4.5 million dollars student center, construction starts this September. So please be patient GBC will never be the same again. I must bring your attention to an issue that is

close to my heart, tuition. I am currently in talks with the College in seeking ways of reducing college tuition. If you are interested in working on this issues please don't wait until it is too late contact me at 416-415-2765. There was once upon a time when the idea of having better communication devices seems impossible. But I am I quite pleased to tell you that what was once considered to be mission impossible is now mission accomplished thank you again for your support.



Your President
Kevin King



Hello everyone,
Welcome to Nightingale! I hope to see everyone on September 7th, 2001 for Rock the Block and again on September 12th, 2001 on the Boat Cruise. I want this year to be about you so call me at (416) 415-2900 ext 89014 or better yet drop by the S.A. office and let me know what you want to see at Nightingale. Look out for upcoming events. Looking forward to meeting all of you.... this year will only be as good as we make it.

Anil Bhatoo
VP Nightingale

Hello everyone! I just wanted to write down a quick reminder of what is happening this year. The Student Association (SA) is launching the Positive Space Campaign, it is a campaign designed to ensure safe spaces on all 3 campuses for students who identify as Lesbian, Gay, Bi-Sexual, Transgendered, Queer ** etc. Also, the Student Association will be holding a series of educational campaigns on many different issues. If you would like to get involved give me a call: @ 416-415-2900 X 89011.
Udana Muldon
Vice-President Education





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Policy documents are available in campus libraries, counselling offices, academic offices or on the web at www.georgebrown.ca/about.html and click on College Policies.

This information provided by The Office of the Vice-President, Academic Excellence.
For further information contact John Price 416-415-2543



SPORTS

Korey Stringer's death felt by all athletes

By Jeff Sieger

The death of Korey Stringer has sent shockwaves through not only the NFL, but all sports all across North America. While it may be true that coach's aren't as hard on their players as they used to be, the players are just as hard on themselves. You really don't understand what's going through an athlete's mind until you've been in a similar situation.

I know what it's like to work my body to the point where I can't move the next morning. I'm only 5'7" and 120 lbs. soaking wet so making the basketball and rugby teams at my school was quite the test. Two years ago when I was a grade 10 going for the basketball team, I volunteered to be the team manager (also known as waterboy) to stay on the team for some chance of playing.

Last year all of my hard work paid off when I easily made the team and was even named co-captain. A month into the season I developed a major cough and was even diagnosed with viral pneumonia on the same day as a tournament (which I played in). I never told the coach what was wrong with me because I knew what would happen if I

did, I'd be benched. Not as a form of punishment, but for my own safety. I knew that I was putting myself in danger but I didn't really care. I also knew that if I was on the bench somebody with more natural talent could very easily steal my spot,



STRINGER

so I stayed out there.

I'm sure that many of the people reading this have been in a situation where better judgment (and family) said not to play or not to compete at whatever they were doing but they still did. I am sure there are people out there who paid the price, my broken rib (which I played rugby with) and damaged knee (which I've had for 2 years now) are

what playing through pain cost me.

While I have never (to my knowledge) been in danger of losing my life while on the court or field, I doubt Korey thought he had a chance. He was probably thinking that he was simply a little out of shape. In a situation where you are being paid grotesque amounts of money and there is a possibility of losing your dream because of someone taking your spot, the option of sitting out becomes very unlikely. So for all of those people out there who believe that the Vikings organization, head coach, trainers and other players are at fault; they aren't.

Stringer knew there was a danger in not sitting out, but as defensive end Grant Wistrom of the St. Louis Rams said in the August 13, 2001 issue of Sports Illustrated, "We play a rough game, and none of us in the NFL got this far by being cautious with our bodies." Whether anybody out there likes it or not, that's the attitude one has to have to make it to the highest level in their sport. Korey Stringer paid the ultimate price for his ultimate dream, and now his family and friends have to live with the ultimate void.

Writer's note: This article marks the one-year anniversary of myself meeting the woman who has made it possible for me to write any of these articles, Jacqué Turnbull. I met her at the CNE last year and she is the

one that offered to have me send in an article and she is the one that helped me get printed. She has changed my life and given me an opportunity I otherwise never would have had, and I thank her.

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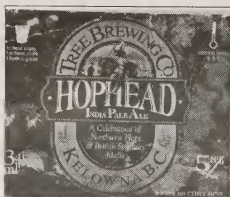
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POTABLES

It's about time someone made a real India Pale Ale

by Malt Disney

*Hophead India Pale Ale,
Tree Brewing Company,
Kelowna, BC
341 ml
5.8% alcohol*



Finally someone has got it right. This, my friends is an IPA like they should be. Dark straw in colour, a fresh malty flavour and a hop bite that lesser mortals would find...well, objectionable.

They don't call it Hophead for nothing. This beer is a high alpha roller coaster ride to beer drinking Nirvana.

The label warns us that Hophead is "a celebration of Northwest and British

hops and British specialty malts." Hops come in high alpha and low alpha varieties. The higher the alpha, the more bitter the hops will be. British hops tend to have a lot of character but relatively low bittering units. Hops from the Pacific northwest are they want a hoppy beer, many west coast breweries use lots of north-west hops. What do you get? Menthol beer.

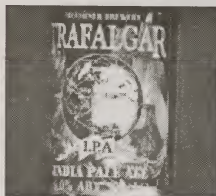
Tree Brewing have the right idea. Combine the flavour of British hops from Kent, with the bittering hops from Yakima, Washington. The result is nothing short of brilliant. Tree also have taken the IPA monicker seriously. India Pale Ale was first made in Britain to ship to the British colony of the Raj.

In the 1850s that would include a long hot ocean voyage so brewers had to build a beer that could survive the difficult journey. Hops originally were introduced to beer as an antiseptic. High alcohol was another way to make beer keep longer. So IPA was a relatively light coloured bottled beer with high hopping and alcohol so the soldiers of good queen Bess could enjoy the good

life while stationed in South Asia.

Kinda makes that Keith's stuff look like duff doesn't it?

Malt Disney rating: ***** (it doesn't get better than this folks) Bad news awaited me on my return from la-la. Seems that Tree Brewing is now insolvent and Hophead is just a summer memory...fleeing but enjoyable.



*Trafalgar India Pale Ale
Freeminer Brewery,
The Laurels, Sling, Colesford, Royal
Forest of Dean, Great Britain,
6% alcohol by volume
500ml*

This is a traditional bottle conditioned

ale. If you like your beers so clear you can read the Toronto Sun through them, you've come to the wrong beer, and the wrong newspaper for that matter.

Bottle conditioned beers have yeast deposits at the bottom of the bottle, (unless of course you have stored the beer on its side). To get a clear sample you must carefully pour the contents in one motion into a glass, being careful not to include the lees. Since the cloudy stuff is only vitamin B12 or brewers yeast, I don't really care if my sample is cloudy. I often finish the bottle off by putting the neck to my lips and downing the remains.

Trafalgar is the real thing. This is not your anemic Kieth's IPA, but the real thing with extra alcohol and extra hops to save the journey to the new world. In a world where mediocre is the considered standard, this beer really rocks.

Rule Britannia!

HAHAHAHAHAHAHAHA

A man walks into a bar, sits down, and orders a drink.

"Hey, nice tie!" comes out of nowhere. He looks up at the bartender to see if he had said anything, but since he was on the other side of the bar the man just ignores it.

"Hey! Nice shirt!" The man looks up but, again, the bartender is engaged elsewhere.

"Hey! Nice suit!" The man then calls the bartender over and asks him if he keeps talking to him.

"It's not me, it's the complimentary peanuts."

HAHAHAHAHAHAHAHA

Hey baby, are those space pants? Cuz your butt is outta this world!

A couple of counterproductive Pick-Up Lines

1) How do you like your eggs: fried, scrambled or fertilized?
2) My love for you is like diarrhea, I just can't hold it in.

HAHAHAHAHAHAHAHA

A man was sitting at the bar in a watering hole whose selling point was that it was on top of the largest skyscraper in town. Another man walks in and asks the bartender for a Jack Daniel's. He downs it, and then takes a running leap out the window. Much to everybody's surprise, he floats back up and climbs through the window back into the bar. The man at the bar is amazed and asks the man how he did it.

"Easy," says the man. "Outside this window are some very strong wind currents which can carry you back to the window."

"Wow," says the man at the bar. "I gotta try this." He takes a running leap out the window and falls to a horrible, bloody, and flat death.

"Geez, Superman," says the bartender. "You can be a real a jerk when you're drunk."

The FDA is considering additional warn-

ings on beer and alcohol bottles, such as:

1. WARNING: consumption of alcohol may make you think you are whispering when you are not.

2. WARNING: consumption of alcohol is a major factor in dancing like an a-hole.

3. WARNING: consumption of alcohol may cause you to tell the same boring story over and over again until your friends want to SMASH YOUR HEAD IN.

4. WARNING: consumption of alcohol may cause you to throw things like this.

5. WARNING: consumption of alcohol may lead you to believe that ex-lovers are really dying for you to telephone them at 4 in the morning.

6. WARNING: consumption of alcohol may leave you wondering what the hell happened to your pants.

7. WARNING: consumption of alcohol may cause you to roll over in the morning and see something really scary (whose species and/or name you can't remember).

8. WARNING: consumption of alcohol is the leading cause of inexplicable rug burns on the forehead.

9. WARNING: consumption of alcohol may create the illusion that you are tougher, handsomer and smarter than some really, really big guy named Chuck.

10. WARNING: consumption of alcohol may lead you to believe you are invisible.

11. WARNING: consumption of alcohol may lead you to think people are laughing WITH you.

12. WARNING: Consumption of alcohol may cause an influx in the time-space continuum, whereby small (and sometimes large) gaps of time may seem to literally disappear.

13. WARNING: Consumption of alcohol may actually CAUSE pregnancy.

HAHAHAHAHAHAHAHA

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Zone

VeloCity—Get BUG'ed

by Jake the Biker

Well Allan, Malt and I have decided to go on vacation together. I was willing to take a plane to Vancouver, but I drew the line at renting a car. I'm not going to drive around in a gas guzzling SUV with my bike on the back with a big sticker on it that says 'One Less Car'. BC is a good place to be a biker. Ignoring its reputation for having a lot of rain, the weather is mild most of the year and the powers that govern have planned for bike lanes and paths. It's not quite La-La Land though. Most of the bike lanes are on busy highways and they rarely are the recommended two metres wide. Some drunk in an Urban Assault Vehicle or some inattentive cop pulling a trailer could so wipe you out. The road over to the west coast of Vancouver Island did have bike lanes most of the way. The stretch from Ucclet to Tofino even had a disappearing and reappearing bike path which followed the highway at a safe distance. If you plan on biking to Tofino on the west coast of the island, take the ferry to Nanaimo and follow

the signs to Port Alberni. This makes a natural overnight stop before your long day into Tofino. If your not going to make Port Alberni, break at the Cathedral Grove park. Don't bike at night. The best bet for bikers is to head for Long Beach a few kilometers into Pacific Rim National Park. With a little luck and low tide, you can bike with short breaks up to Tofino and get a great view at the same time. Stay out of the water. Salt water does a job on your bike. The sand is tightly packed near waters edge at low tide so you can easily make 10-15 km/hr but locals tell me you will want to wash your bike off with fresh water when you arrive. Pay special attention to the gears and chain. Relubrication might be in order. Those not as committed may like to rent a bike in Tofino. They'll charge you extra if you go on the beach, but a ride down the coast and back can be fun on a sunny day. Watch out for banana slugs on bike paths. Run over them and you'll get drenched as the guts go flying out beside you. Vancouver is a trip for bikers. There are so many of them and they rarely make a real commitment.

Is my bitterness showing? You can bike around Stanley Park as well as enjoy much of what else Vancouver has to offer but plan wisely or you will spend all your time going up and down the most incredible hills. Half the time I spent in Vancouver was in the shower recovering from grades that would challenge someone half my age. I'm 26 if your wondering. Dudes, we are back from our left coast adventures and it's really check time. Have you ever noticed how little respect bikers get? We are the greenest commuters on the planet and all we get is derision from bottom feeding SUVs (from here on known as Urban Assault Vehicles). If we don't put our foot down at a stop sign then the rollers have our ass for a \$95 ticket. Have you seen an UAV come to a complete stop at a stop sign? And when we finally get to our urban destination we have to brave the bike piranhas who will strip our bike down to the bone in seconds. I would not even consider taking my \$2000 bike down to the college. If it managed to stay safe for one day, security would tag it for being on

College property. We need help. We need the support of a community of bicyclists. It takes a village to raise a child and it takes a BUG to bike in the city. A Bicycle Users Group (BUG) can be many things in our college community. At the Ontario Institute for Studies in Education (OISE) their BUG successfully lobbied management for a secure bike parking facility. At the CBC on Front Street BUG members can access tools to repair their bikes. Each different group decides their aims and work towards their common goals. BUGs have other aims too. They can be social groups who get together to ride. They can be a group who lobbies for better facilities for bikers, such as showers and locked up parking. I see our BUG as being a central place to exchange information. Others I have talked to believe that the extra power a BUG can give bikers will help us deal with harassment from campus management and kampus kops. At the Canadian Imperial Bank of Commerce, most BUG members have never met. They keep in touch via e-groups. That can be helpful for our BUG because not

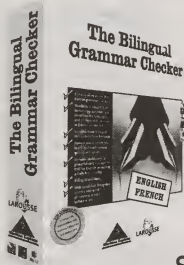
everyone has the time to show up to all those damn meetings. I'm making a special effort this coming Frosh Week to start the GBC BUG. If you are a biker, or want to be, if you are interested in biking or know someone who is, please come out to our first meeting. It will be held 3pm on Wednesday September 0X in room 167B St. James campus and Wednesday 0X at the Student Association office at Casa Loma campus.

This being Frosh Week there will be lots of lucky draw prizes for those folks who show up. Update on the Eastern bike path construction. The path is now complete from the Don south path, across the new Don bridge to Don Roadway (a matter of 50 metres). Grafasco Construction instead of completing the path on time have extended yet another path south to Villier Street and on to the Commissioners expressway. Someone should light a candle under their bums. In July they demolished the existing bike path from Leslie Street to Carlaw Avenue. These people are not bike friendly!

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STUDENT HEALTH

What you need to know about the Student Health and Dental Plan

by Health Plan Administrator

Once again, the Student Association is offering the Student Health and Dental Plan, in conjunction with Student Networks. The cost to students is just \$170 for 12 months of coverage. This is a great deal! While this is a mandatory College fee, each student does have the opportunity to apply for a refund if they have other comparable coverage. Students can also enroll their dependents (children, spouse, same sex partner, etc.) for an additional \$246 per year. Don't miss out! The family add on deadline is 4:00 p.m. Friday, September 28th, 2001. The health and dental plan is a great service offered to the students of George Brown College. Get informed and take full advantage of it! Please note: The information contained herein is a brief, simplified summary of some of the terms of the proposed contract for 2001/2002 policy year, as of the date of preparation. In the event of a discrepancy between this information and the actual provisions of the contract in force for the 2001/2002 policy year, the terms of the contract shall prevail.

Who is covered?

If your program for the 2001/2002 academic year commences in September 2001, your coverage runs from September 1, 2001 to August 31, 2002. The plan covers all domestic post-secondary students. Please note: International students are not covered under this plan.

Am I covered if I start school in January?

If your program for the 2001/2002 academic year commences in January 2002, no problem! As a January student, your benefit year covers you from January 1, 2002 to August 31, 2002. The cost to students is just \$113 for the 8 months of coverage. While this is a mandatory College fee, each student does have the opportunity to apply for a refund if they have other comparable coverage. January students can also enroll their dependents (children, spouse, same sex partner, etc.) for an additional \$166, for the same coverage period of January 1, 2001 to August 31, 2001 (paid directly to the Student Benefits Office). The deadline for adding your family onto your benefits is 4:00 p.m. Friday, January 25, 2001.

What is covered?

Students covered under the plan receive the following: 80% reimbursement for prescription drugs, based on the National Formulary, (maximum \$3,000) using your Pay Direct Drug Card. There are no claim forms to complete when you use your drug card. Simply present your card to the pharmacist and pay only 20% of the drug cost, plus any dis-

pensing fee in excess of \$5. Remember that this plan does NOT include, male pattern baldness remedies, fertility drugs, and anti-smoking remedies. In addition, there is a plan maximum of \$500 towards insulin and diabetic testing supplies. This benefit has two important features - mandatory generic drug substitution, and a \$5 dispensing fee cap. The Student Benefits office at your campus will provide you with a list of some pharmacies in the Metro area which have a dispensing fee under the fee cap. If you know of any others, please let us know! Information sharing will help us all to be smart consumers.

Supplementary Health Care (80% reimbursement)

The following benefits are included in the Supplementary Health Care portion of your plan, payable after any Provincial Health Care benefits have been exhausted:

Health Practitioners \$20 per treatment (not exceeding \$300 maximum per practitioner)
The services of the following practitioners:

naturopath*
registered massage therapist
speech language pathologist
chiropractor
physiotherapist
podiatrist/chiropract

*physician's prescription not required

Hearing Aids and repairs to them (excluding batteries) (\$500 max per instrument in any 4 consecutive years).

Orthopaedic Shoes: Limit of one pair up to \$150 per benefit year.

Tutorial Expenses: \$1000 max.

Eyeglasses

The plan pays \$50 towards prescription eyeglasses or contact lenses once every 24 months. It does not include eye testing, but rather the basic cost of your prescription lenses or contacts. If you used this feature last benefit year, you are not eligible for this benefit in the 2001/2002 benefit year. Claim forms can be picked up at any Student Benefits office.

Out of Province Referral: Maximum of \$10,000 in a lifetime

Out of Province Emergency and Travel Assistance- (maximum 60 day travel period)
\$1,000,000 in a lifetime

What kind of Dental Coverage is offered?

The dental portion (maximum \$500) of the plan covers many different procedures and at different percentages. Ultimately, the best way to ensure that the work you are having done is covered under the plan is to have your dentist contact Canada Life prior to undertaking any procedure. Claim forms must be picked up at any Student Benefits office before a dental visit. The following is a general overview of procedures covered: Basic & Preventative Services - 80% of one exam and consultation, including any necessary x-rays and diagnostic services at time of the exam, during each benefit period, including 80% of one cleaning and polishing (note that periodontal scaling is not covered nor is oral hygiene treatment for students over 18 years of age). Minor Restorative - 75% of fillings and space maintainers. Extractions & Oral Surgery - 75% for removal of impacted teeth (including up to two wisdom teeth per benefit period). All other oral surgery is covered at 10%. Endodontics, Periodontics & Major Restorative (crown/bridge/denture) - These services are covered at 10%. Exclusions - Dental services not listed above, charges for broken appointments and dental treatment primarily for cosmetic purposes.

What accident benefits do I have?

As a student covered under this plan, you do not have regular medical coverage (aside from prescription drugs). However, the Plan does offer the following accident benefits:

- * Accidental Death - \$2,000;
- * Accidental Reimbursement - an start students applying for a refund is 4:00 p.m. Friday, September 28, 2001, and for January start students applying for a refund, the deadline is 4:00 p.m. Friday, January 25, 2002. No applications received or postmarked after the applicable date will be accepted. You may not opt out if you have already submitted a claim under the plan. Please note that being enrolled in another health and dental plan does not mean that you have to remove yourself from this one. It is possible to remain in both plans to increase your total coverage by co-ordinating benefits. If you wish to receive a refund, please follow the steps below to ensure your refund is properly processed.
- * Accidental Medical Expense Reimbursement - Expenses incurred as a result of an accident are covered under this plan, provided you receive the required treatment within 30 days of the date of the accident, up to an overall annual maximum of \$2,000. Note that each expense may be subject to an individual maximum, including but not limited to:
 - Accidental Dental Reimbursement: \$1,000 per accident;
 - Ambulance Expense Reimbursement: \$100 per occurrence;
 - Repatriation Benefits: \$1,000;

Further information on these benefits can be obtained from your campus Student Benefits office.

If you read nothing else, READ THIS!

You, the student, will not be reimbursed by the insurer, Canada Life, for your health and dental claims until any and all student fees owed to the College have been paid in full. Students who have received tuition fee deferrals pending receipt

of OSAP will not be reimbursed by the insurer until their full payment and all College fees (through OSAP funds) have been received by the College.

When will I get my pay direct drug card?

In late October/early November, health cards for new September start students covered under the plan and having paid any and all student fees in full will be available at the Student Benefits office. Card distribution will take place at each campus, so watch for signs letting you know the exact date and location. For any eligible drug expenses incurred during your benefit period and before the drug cards are distributed, you will be required to pay for the prescription first and fill out a reimbursement form once you have paid your fees in full. For returning students, new health cards will not be issued for the 2001/2002 benefit year. Please utilize your Assure Health/Canada Life benefit card from last year. New cards will only be issued in the case of loss or theft. Please contact the Student Benefits office for more information.

REFUND! REFUND! REFUND!

Please read: The Student Association and Student Networks recognize that some students may already have comparable coverage under their own plan or a family member's plan. If you are an eligible student and have comparable health AND dental coverage you may apply for a refund and you will NOT be covered under the student plan. The deadline for September start students applying for a refund is 4:00 p.m. Friday, September 28, 2001, and for January start students applying for a refund, the deadline is 4:00 p.m. Friday, January 25, 2002. No applications received or postmarked after the applicable date will be accepted. You may not opt out if you have already submitted a claim under the plan. Please note that being enrolled in another health and dental plan does not mean that you have to remove yourself from this one. It is possible to remain in both plans to increase your total coverage by co-ordinating benefits. If you wish to receive a refund, please follow the steps below to ensure your refund is properly processed.

Refund Steps:

1. You must fill out the Student Benefits Waiver form that is mailed to students over the summer, or you may contact the Student Benefits office at (416) 415-2443 to have one mailed to you.
2. This form must be completed IN FULL and forwarded to the address on the form. Acceptable proof (e.g.: photocopy of insurance policy card) must accompany the form in order

for the application to be considered valid.

3. Please remember that you will not receive your refund until any and all fees to the College have been paid in full. No exceptions.

Once your waiver has been accepted, this waiver will remain in force as long as you are an eligible student. If comparable coverage is found to waive the student plans terminates, you have 30 days from loss of coverage to notify the Student Association of George Brown College Student Benefits Plan Office in order to be covered under the health AND dental plans. You must provide payment of the fee as well as written copy of notice of termination.

Other Important Information - hey, it's all about you! Dependent coverage applications must be submitted no later than Friday, September 28, 2001, 4:00p.m. for students who start their programs in September and Friday, January 25, 2002, 4:00p.m. for students starting their programs in January. The application can be picked up and submitted to the Student Benefits office, along with a certified cheque or money order, (personal cheques will not be accepted) made payable to: The Student Association of George Brown College. September start students pay \$248 and January start students pay \$166. Please note: The College cannot accept payment for this feature.

If you require assistance or have any questions about what you've just read, please drop by the Student Benefits office and speak to our Student Benefits Administrator, or call (416) 415-2443. The Student Benefits Administrator will be available throughout the year at all campuses. Please check the following locations for a schedule:

Casa Loma: Room 210, C Building (across from cafeteria)

St. James: Room -121 (across from cafeteria)

Nightingale: Room 114 (in Student Association Office)

We would like to thank our partners in your health and dental care, Canada Life Insurance. For any insurance company questions or claims assistance, please call Canada Life at 416-597-8232 or 1-800-387-4492. Information on our Student Health and Dental Plan can also be found at the Student Networks website.
<http://www.csbm.com>

WHAT'S YOUR \$3?

A Student Representative Council for your program can provide you, as a student, with a solid platform from which to address your concerns, opinions, interests, network or simply meet people. For more information please call the Student Association at: 416-415-2295

Student Association